

Summersville Schools
Lunch Menu
October 2019

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	1 Burrito w/ cheese Potato rounds Chips & salsa Apple crisp milk	2 Chicken wrap Tri tater Salad Peaches milk	3 Country fried steak Potatoes & gravy Carrots Mandarin oranges Hot roll milk	4 Beef crunch wrap Corn Spinach salad Fruit shape up Cornflake cookies milk
7 Chicken patty Potatoes & gravy Peas Mixed fruit Hot roll milk	8 Grilled ham & cheese Tri tater Baby carrots Peaches milk	9 Fish Broccoli & cheese Beans & corn bread Pineapple milk	10 Spaghetti w/ sauce Green beans Applesauce Bread stick milk	11 Cheese pizza Corn on the cob Spinach salad Pears milk
14 Cheese burger w/ bun Oven fries Pickles & tomato Raisins Pudding milk	15 Chili crispito Potato rounds Beans & corn bread Tropical fruit milk	16 Pork chop patty Potatoes & gravy Peas Applesauce Hot roll milk	17 Turkey & cheese sub Spinach salad Cheese curls Apple milk	18 NO SCHOOL
21 Chicken nuggets Potatoes & gravy Carrots Mandarin oranges Hot roll milk	22 Vegetable soup w/ crackers Grilled cheese Apple crisp milk	23 Chicken noodles Green beans Jell-o w/ fruit Hot roll milk	24 Hot dog w/ bun Tri tater Baked beans Peaches milk	25 Nachos Corn Spinach salad Fruit shape up Brownie milk
28 Country fried steak Potatoes & gravy Peas Pineapple Hot roll milk	29 Chili w/ crackers Baked potato Carrots & celery Peaches Chocolate cake milk	30 Chicken wrap Tri taters Salad Grapes milk	31 Corn dog Oven fries Broccoli Mandarin oranges milk	